

Proposal for the Introduction of a Postgraduate Programme

M.A. in Yoga–Vedānta

Two-Year M.A. Programme

(As per UGC Regulations and NEP 2020)

MA FIRST YEAR – SEMESTER I

Paper Code	Paper Title	Category	Credits
MAY1-I-01	Practical – I: Yoga Āsana (Level–1)	DSCC	4
MAY1-I-02	Sanskrit - 1	DSCC	4
MAY1-I-03	Karma Yoga – Bhagavadgītā (Adhyāya 3)	DSCC	4
MAY1-I-04	Pātañjala Yoga Sūtrāṇi – Samādhi Pāda	DSCC	4
MAY1-I-05	बहुशास्त्रीयविषयः (आधुनिकः) (As decided by the CSU)	AECC	4
MAY1-I-06	Sanskrit Literature History (संस्कृतवाङ्मयस्य इतिहासः (लौकिकः) –	ECA	4

Semester Credits: 24

MA FIRST YEAR – SEMESTER II

Paper Code	Paper Title	Category	Credits
MAY1-II-01	Sanskrit – II : Sanshkeparamayanam	DSCC	4
MAY1-II-02	Tattvavāda Darśanam	DSCC	4
MAY1-II-03	Practical – II: Yoga Āsana (Level–2)	DSCC	4
MAY1-II-04	Kathopaniṣat	DSCC	4
MAY1-II-05	बहुशास्त्रीयविषयः (परम्परागतः) (As decided by the CSU)	AEEC	4
MAY1-II-06	Internship 3		4

Semester Credits: 24

MA SECOND YEAR – SEMESTER III

Paper Code	Paper Title	Category	Credits
MAY2-III-01	Bhāgavata Ekādaśa Skandha	DSCC	4
MAY2-III-02	Bhakti Yoga and Puruṣārtha Vicāraḥ	DSCC	4
MAY2-III-03	Haṭha Yoga Pradīpikā	DSCC	4
MAY2-III-04	Practical – III: Yoga Āsana	DSCC	4
MAY2-III-05	Pāṇḍulipi-Sampādanam (Manuscriptology & Manuscript Editing) (As decided by the CSU)	AEEC	4

Semester Credits: 20

MA SECOND YEAR – SEMESTER IV

Paper Code	Paper Title	Category	Credits
MAY2-IV-01	Bhāgavata (3rd & 4th Skandha)	DSCC	4
MAY2-IV-02	Svasthavṛtta Saṅgraha	DSCC	4
MAY2-IV-03	Practical – IV: Yoga Āsana, Dhyāna & Prāṇāyāma	DSCC	4
MAY2-IV-04	दर्शनम् (सामान्यपरिचयः) न्यायवैशेषिकदर्शनम् – 1 Credit साङ्ख्ययोगमीमांसादर्शनम् – 1 Credit वेदान्तदर्शनम् (द्वैत-अद्वैत-विशिष्टाद्वैत) – 1 Credit बौद्धजैनचार्वाकदर्शनम् – 1 Credit (As decided by the CSU)	DSCC	4
MAY2-IV-05	Śodhapravidhiḥ (Research Methodology) (As decided by the CSU)	Core Course	4
MAY2-IV-06	Sanskrit Literature History (संस्कृतवाङ्मयस्य इतिहासः (वैदिकः) (As decided by the CSU)	ECA 2	4
MAY2-IV-07	Laghuśodhaprabandhaḥ (Dissertation) (As decided by the CSU)	Research Project	6

MAY2- IV-08	Sākṣātkāra-Kauśala-Saṃvardhanam (Skill Enhancement Course) (As decided by the CSU)	SEC	2
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Semester Credits: 32

Total Programme Credits

Year	Credits
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First Year	48
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Second Year	52
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Total Credits = 100